

LEARN TO BOWL

A TURN-KEY PHYS. ED. PROGRAM FOR YOUR SCHOOL

WHAT IS THE LEARN TO BOWL PROGRAM?

Learn to Bowl is a complete program for your Phys. Ed. class that meets the prescribed curriculum expectations common in most provinces.

It teaches and reinforces the fundamental movement skills: balance, motor skills, stability, locomotion, manipulation, sliding, and many others.

The program encourages physical literacy and can be cross-curriculum, touching on Phys. Ed., Math, Canadian History, and Art.

WHY IS BOWLING IDEAL FOR STUDENTS?

Students learn a lifetime sport that promotes continued physical activity. In bowling, nobody warms the bench. The handicap system ensures that bowlers of all abilities participate equally.

- Bowling is inexpensive
- No equipment is required
- Appropriate for all ages
- All kids love bowling
- In-class lesson material
- Hands-on experience
- Certified coaches available
- FUN

HOW DO I GET IT STARTED AT MY SCHOOL?

Contact Laura at NEB's to request the complimentary starter kit that includes a Teacher's Guide and instructional DVD.

(905) 723 - 2631 or laura@nebsfunworld.com

Online resources: www.canadabowls.ca



Canadian Heritage



Sport Canada

